

YOU CAN

Believe, achieve and be proud



Summer

Activity Programme

2019



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@YUOCAN



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Beacon Centre, London Street, Salford, M6 6QT

www.youcan.me.uk



The Queen's Award for Voluntary Service

The MBE for volunteer groups

Salford
approved
provider



YOU CAN



YOU CAN Community Club have been providing quality activities for young people with disabilities for over 20 years.

Our varied programme of sports, arts, outdoor pursuits and day trips provide young people with exciting opportunities to develop their personal and social skills.

Members who attend our sessions tell us they gain more confidence, make new friends, feel healthier and have lots of fun! Our clubs also provide parents and carers with important respite during the holiday period.

All activities listed are open to **any young person aged between 10 and 24, who has a disability or learning difficulty.** Siblings aged between 10 and 24 are also welcome to attend!

To make a booking, please complete the enclosed booking form and return it to the charity office along with any payments due. If you have any questions, please feel free to contact YOU CAN for more information.

All Activities have their pick up and drop off points at;
The Beacon Centre, London Road, Salford M6 6QT
All payments for trips must be received 7 days before the trip date in order to secure bookings and allow processing time. P

SUMMER 2019

ACTIVITY	DATE	TIMES	PRICE
Under 18's Lledr Hall Residential	Mon 29 th - Weds 31st July	Depart 12pm - Arrive 3pm	£50
Pottery Trip	Friday 2nd August	9am-2.30pm	£7
Clifton Country Park Walk	Tuesday 6th August	10am-2.30pm	£5
Inflatation	Friday 9th August	9.30am—2pm	£5
Family Fun Day Fundraiser	Sat 10th August	11am—3pm	£1 per family
Raft Building	Tues 13th August	10.30am-2.30pm	£5
Chester Zoo	Friday 16th August	9am—4pm	£10
Water Sports	Sat 17th August	11am—2pm	£3 Subs
Kayaking & Canoeing	Tues 20th August	10.30am—2.30pm	£5
Space Port Museum & Mersey Ferry Ride	Friday 23rd August	9am—3pm	£10
Water Sports	Sat 24th August	11am—2pm	£3 Subs
Dance & Disability Gymnastics	Weds 28th August	1.30pm—3.30pm	£3

Monday, Thursday and Saturday youth clubs will also continue to run through the summer holiday period. We will also have a holiday youth club every Wednesday for ages 10-24 and the SPY Project youth club run with the youth service. New Members are always welcome. details below;

Monday Over 16's	Beacon Centre	Every Monday	7pm—9pm	£3
SPY Project Youth Club	Beacon Centre	Every Tuesday	3.30pm—6.15pm	£3
Life Skills Youth Club	The Deans Centre	Every Wednesday 31st July—21st Aug	11am—2pm	£3
Thurs Under 16's	The Deans Centre	Every Thursday	6.30pm—8.30pm	£3
Open Age Youth Club	Beacon Centre	Every Saturday	11am – 2pm	£3