WEEK 1 MENU







	MEAT FREE MONDAY	MEAT FREE MONDAY
MON	Macaroni Cheese with Crispy Cauliflower ♥ Served with Roasted Beetroot and Chickpea Salad and Crispy Onions	Vegetarian Bolognese Served with Wholewheat Pasta and Side Salad
TUE	BURGER BAR	BURGER BAR
	Cheeseburger Served with Chipotle Wedges and Corn on the Cob	Veggie Burger Served with Chipotle Wedges and Corn on the Cob
WED	ROAST	HOT DELI
	Roast Chicken Served with Roast Potatoes, Vegetables and Gravy	Sticky BBQ Quorn Pitta Served with Mixed Salad
	RICE BOX	RICE BOX
THUR	RICE BOX Chicken Tikka Masala ** Served with Wholegrain Rice and Vegetables	RICE BOX Roasted Rainbow Vegetables
THUR	Chicken Tikka Masala 🥪 🐲	

HOT DISHES:

Paninis Pasta and Sauces Freshly Baked Pizza

Jacket Potato and Toppings

SALADS:

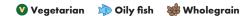
Tung and Sweetcorn Pasta Salad Pesto Pasta Salad 🐲 💿 Roasted Indian Chickpea Salad 💗 💿

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich **Chicken Salad Sandwich** Cheese Baguette o Tuna Mayo Baguette **BLT Baguette**

WRAPS:

Pepper and Houmous Wrap 💿 🐲 BBQ Chicken Wrap * Chicken Caesar Wrap *



WEEK 2 MENU





	0.00	(•• •
MON	MEAT FREE MONDAY	MEAT FREE MONDAY
	Chickpea and Vegetable Jalfrezi www.with Wholegrain Rice	Vegetable Chow Mein Output Description:
TUE	PAN-ASIAN	PAN-ASIAN
	Mandarin Chicken ₩ Served with Wholegrain Rice, Peas and Crunchy Slaw	Vegetable Donburi Served with Peas and Crunchy Slaw
WED	HOT DELI	HOT DELI
	Roast Chicken and Stuffing Baguette Served with Chipotle Wedges, Coleslaw and Sweetcorn	Korean BBQ Quorn Sub © Served with Chipotle Wedges, Coleslaw and Sweetcorn
THUR	LOADED NACHOS	FAVOURITES
	Chilli Con Carne Nachos Served with Mixed Salad and Salsa	Vegetarian Cottage Pie Served with Peas and Gravy
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES
	Battered Fish Served with Chips, Baked Beans and Peas	Cheese and Onion Pasty Served with Chips, Baked Beans and Peas



HOT DISHES:

Paninis Pasta and Sauces Freshly Baked Pizza

Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad Pesto Pasta Salad 🐲 💿 Roasted Indian Chickpea Salad 💗 💿

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich **Chicken Salad Sandwich** Cheese Baguette o Tuna Mayo Baguette **BLT Baguette**

WRAPS:

Pepper and Houmous Wrap 💿 🐲 BBQ Chicken Wrap * Chicken Caesar Wrap *

WEEK 3 MENU







MON	MEAT FREE MONDAY	MEAT FREE MONDAY
	Urban Veggie Hot Dog ⊚ Served with Chipotle Wedges and American Slaw	Macaroni Cheese with Chipotle Sweetcorn ♥ Served with Roasted Beetroot and Chickpea Salad and Crispy Onions
TUE	STREET FOOD	STREET FOOD
	Buffalo Chicken Served with Baked Garlic and Herb Wedges and Mixed Salad	Quorn Shawarma Pitta Pocket Served with Mixed Salad
WED	CLASSICS	CLASSICS
	Roast Turkey Served with Roast Potatoes, Vegetables and Gravy	Roast Veggie Balls Served with Mashed Potato, Peas and Gravy
THUR	BUDDHA BOX	BUDDHA BOX
	Nut-free Chicken Satay Buddha Box Served with Wholegrain Rice and Mixed Salad	Roast Butternut Squash, Chickpea and Broccoli Buddha Box 💿 🧇 📦
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES
	Southern Fried Chicken Goujons Served with Chips, Baked Beans and Peas	Vegetable Fajita

HOT DISHES:

Paninis Pasta and Sauces Freshly Baked Pizza

Jacket Potato and Toppings

SALADS:

Tung and Sweetcorn Pasta Salad Pesto Pasta Salad 🐲 💿 Roasted Indian Chickpea Salad 💗 💿

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich **Chicken Salad Sandwich** Cheese Baguette o Tuna Mayo Baguette **BLT Baguette**

WRAPS:

Pepper and Houmous Wrap 💿 🐲 BBQ Chicken Wrap * Chicken Caesar Wrap *